



National Day of Health & Safety in Mining 2021

**RENEWED  
FOCUS**  
for our New Normal



**MINERALS COUNCIL  
SOUTH AFRICA**



**Khumbul'ekhaya**



# BE ALERT

## Workplace and other health risks are still with us

### At work:



**Silicosis**



**Noise**



**TB**

### What can I do?

Take preventative measures

Wear your PPE

Report dusty and noisy conditions

Make sure your medicals are up to date



### At home:



**Diabetes**



**Hypertension**



**Cancer**

### What can I do?

See your doctor if you are feeling unwell

Take your chronic medication

**On this National Day of Health & Safety in Mining, let's refocus our attention on doing all the right things to protect ourselves, and our loves ones.**