



# COVID-19 IS HERE WITH US TO STAY

## WE NEED TO LEARN TO LIVE WITH IT



**To protect ourselves, our families, our colleagues and communities we must remember to:**



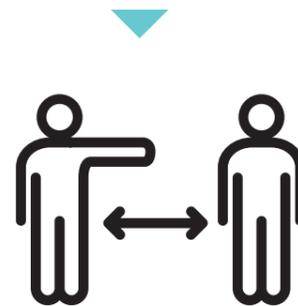
Wear masks that cover our noses and mouths in all public places



Wash our hands regularly with soap and water or sanitiser



Cover our mouths and noses with our elbows or tissues when we cough or sneeze



Try to keep a social distance of 1.5 to 2 metres from other people



Avoid crowded public places



**And to vaccinate against Covid-19 when it's available**





# WHY YOU SHOULD VACCINATE

**The vaccine will protect you and those you care about from getting seriously ill from Covid-19.**

**It will be many months before the vaccine is available to most people. Even then, not everyone will be vaccinated, such as people who are seriously ill or those under 18.**



**The more people who take the vaccine and follow all preventative measures, the less chance the virus will spread.**

When you are invited to get the vaccine, you have been chosen because of the job you do, or because you may be more vulnerable. You can choose to step up and protect yourself and others by taking the vaccine. **Those who have not been vaccinated are depending on you.**

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# HOW THE VACCINE WORKS



The Covid-19 vaccine helps our bodies fight the virus.

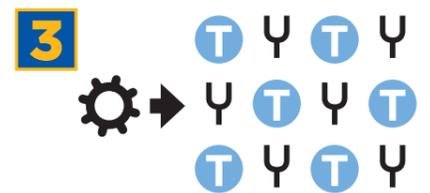
**This is how it works:**



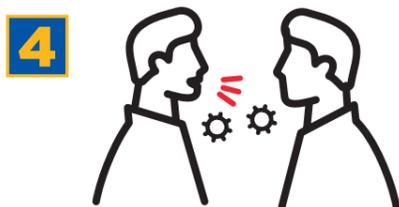
1 Scientists use the Covid-19 gene to create a vaccine.



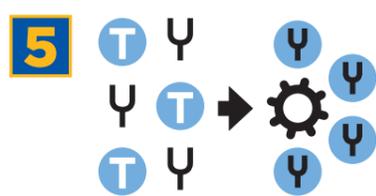
2 The vaccine is injected into the muscle in our arms.



3 The vaccine tells our bodies to produce T-cells and antibodies. These are cells that our bodies produce naturally to fight infections.



4 If we get exposed to the virus at a later stage



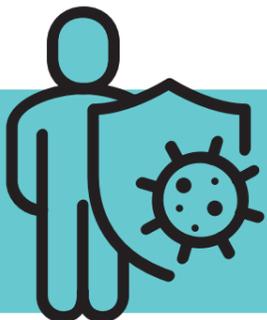
5 our bodies have already started preparing to fight the Covid-19 virus with our T-cells and antibodies.



6 This means we have built up an immunity to Covid-19.



7 Even if we still get Covid-19, this will ensure we only get mild symptoms.



The more people who take the vaccine, the more difficult it will be for Covid-19 to spread.

Taking the Covid-19 vaccine will save lives.





# WILL THE VACCINE WORK?

**Results from vaccine trials and vaccine roll-outs from around the world show us that the vaccine works. The vaccine will prevent most people who are vaccinated from getting Covid-19.**

A small number of people might still get Covid-19 after being vaccinated, but they will most likely not get seriously ill and need hospitalisation.



## THE FACT IS:

the Covid-19 vaccine will save lives.

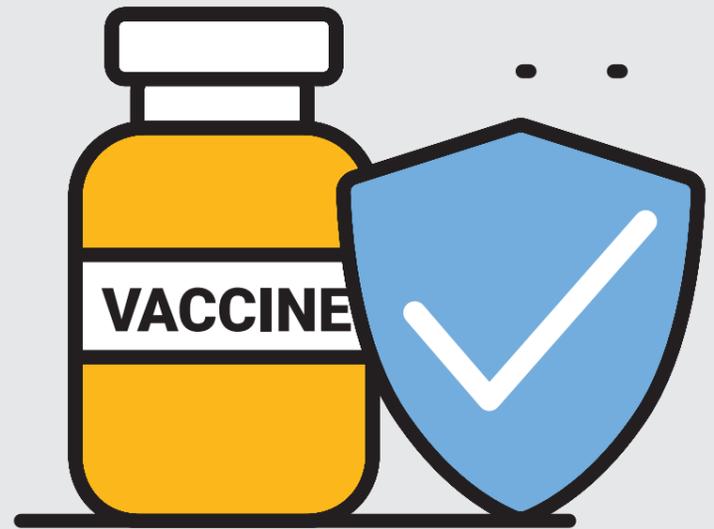
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# IS THE VACCINE SAFE?



**Millions of people around the world have received the Covid-19 vaccine.**

All vaccines go through very intense medical trials to prove that they work and that they are safe.



Only vaccines tested and approved by the South African Health Products Regulatory Authority (SAHPRA) may be used.

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# ARE THERE VACCINE SIDE EFFECTS?

**Most people will feel fine after taking the vaccine.**



Some people will have sore muscles, or feel hot or tired, or have a mild headache after taking the vaccine.

**These symptoms will go away in one to two days.**



These side effects occur because your body's reaction to the vaccine is to kick-start your immune system.



## Taking the Covid-19 vaccine will save lives.

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# WHEN WILL I BE VACCINATED?



## 3 PHASES

**Vaccine supplies are limited right now. Vaccinations will be done in 3 phases:**

**PHASE 1:** Our healthcare workers will be vaccinated first.



**PHASE 2:**



**Essential workers:**

Police officers, mineworkers and workers in security, retail, food, funeral, teachers, banking and essential municipal and home affairs, border control and port health services

**Vulnerable people:**

60 years and older people with co-morbidities such as TB, obesity, HIV, renal disease and diabetes

**People living in overcrowded settings:**

Shelters, care homes, prisons, detention centres

**PHASE 3:**



All South African residents above 18 years of age.

Remember that we must continue to do the right things to protect ourselves and others while we are waiting to be vaccinated, and after we have been vaccinated.

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# BEWARE OF FALSE INFORMATION



**Be responsible in what you say and how you act.**



**Stay informed using trusted sources of information.**

**Don't believe everything you read online, see on TV, or hear from friends or family members.**

**Examples of trusted sources of Covid-19 information.**



**World Health Organization**



**health**

Department:  
Health  
REPUBLIC OF SOUTH AFRICA



**Get help if you are feeling worried - reach out to your doctor or nurse if you have questions about the vaccine.**

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# WE ACCEPT AND SHARE RESPONSIBILITY



**We support South Africa's vaccine roll-out.**

**AS UNIONS AND COMPANIES,**  
we will ensure that employees are well-informed about vaccines and how they work.

**AS MINING COMPANIES,**  
we will help vaccinate our healthcare workers, our vulnerable and all other employees, and our mining communities as soon as these are available.

**AS EMPLOYEES AND AS CITIZENS**  
we have a responsibility to stop the spread of Covid-19, and protect ourselves and others.

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