The coronavirus has been declared a global health emergency by the World Health Organization (WHO).

This is what you need to know:
First, do not panic. You can protect yourself and your family.

How to stay healthy while travelling

- Only eat well-cooked food, especially meat
- Wash your hands often, using soap and water
- Avoid close contact with other people if you are coughing or have a fever
- If you become sick while travelling, let someone know and see a doctor immediately
- When you see a doctor, let them know where you have travelled
- When coughing and sneezing, cover your mouth and nose with your elbow or tissue

Information source: World Health Organization

#MakingMiningMatter
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To protect yourself and others from getting sick

Wash your hands

<table>
<thead>
<tr>
<th>After coughing or sneezing</th>
<th>When looking after a sick person</th>
<th>Before, during and after you prepare food</th>
<th>Before eating</th>
</tr>
</thead>
<tbody>
<tr>
<td>After using the toilet</td>
<td>When hands look dirty</td>
<td>After touching animals</td>
<td>Never spit in public</td>
</tr>
</tbody>
</table>