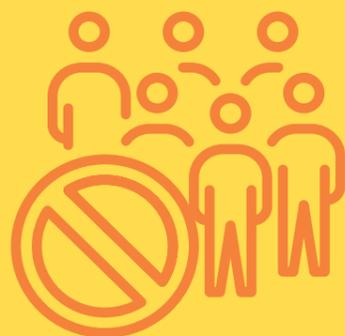


Ngabe wena noma labo obathandayo basengozini enkulu yokuthola i-COVID-19?

Uma ukhuluphele ngokweqile, unesifo sikashukela, umfutho wegazi ophakeme, noma izifo zamaphaphu ungagula kakhulu uma uthola i-COVID-19. Hlala ekhaya futhi uhlale uphephile kuleli Phasika.

Uma kufanele uthathe uhambo, qhubeka wenze izinto ezifanele:



Gwema izixuku



Hlalani ngaphandle lapho uzohlangana nabantu



Gcina ibanga lokuqhelelana nabanye elingu-1.5m



Gqoka imaski yakho ngaso sonke isikhathi



Geza izandla zakho noma usebenzise i-hand sanitiser njalo

