

# I-COVID-19 ILAPHA IZOKUHLALA NATHI

## KUFUNEKA SIFUNDE UKUPHILA NAYO



**Ukuzikhusela thina, iintsapho zethu, oogxa bethu kunye noluntu kufuneka sikhumbule:**



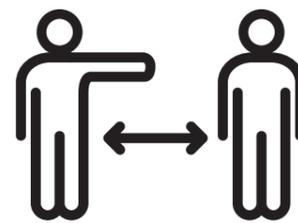
Ukufaka iimaski zethu ezogquma iimpumlo kunye nemilomo yethu kuzo zonke iindawo zikawonke-wonke



Ukuhlamba izandla zethu rhoqo ngesepa namanzi okanye ukusebenzisa isibulala ntsholongwane



Ukogquma imilomo yethu neempumlo zethu ngengqiniba zethu okanye ngethishu xa sikhohlela okanye sithimla



Ukuzama ukuqelela ngomgama wemitha e-1.5 ukuya kwezi-2 kwabanye abantu



Ukuphepha iindawo ezinabantu abaninzi



**Nokugonya i-COVID-19 xa ifumaneka**

