

# COVID-19 E HARA RONA HA E TSAMAYE

## RE TLAMEHA HO ITHUTA HO PHELA LE YONA



**Ho itshireletsa, rona le malapa a rona, basebetsi-mmoho le batho bao re dulang le bona metseng ya rona re tlameha ho hopola ho etsa dintho tse na:**



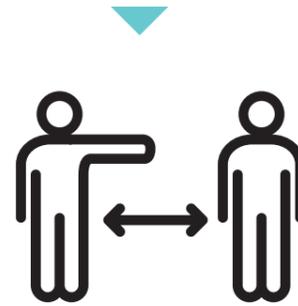
Ho rwala dimaske tse kwahelang dinko le molomo ha le re dibakeng tsa batho bohle



Ho hlapa matsoho a rona ka dinako tsohle ka sesepe le ka metsi kapa sanitizer



Kwahela melomo le dinko tsa rona ka setsu kapa thishu ha re kgohlela kapa re thimola



Ho leka ho sielana sebaka sa bohole ba dimithara tse 1.5 ho isa ho tse 2 ho tloha bathong ba bang



Ho qoba dibaka tse nang le batho ba bangata



**Le ho enta khahlanong le COVID-19 ha e fumaneha**

