

COVID-19 IS HERE WITH US TO STAY

WE NEED TO LEARN TO LIVE WITH IT



To protect ourselves, our families, our colleagues and communities we must remember to:



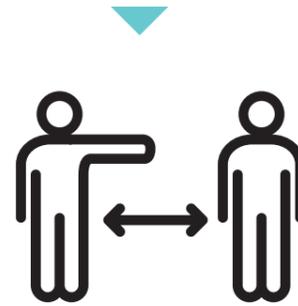
Wear masks that cover our noses and mouths in all public places



Wash our hands regularly with soap and water or sanitiser



Cover our mouths and noses with our elbows or tissues when we cough or sneeze



Try to keep a social distance of 1.5 to 2 metres from other people



Avoid crowded public places



And to vaccinate against Covid-19 when it's available

