



# ODINGA UKUKWAZI MAYELANA NE-CORONA VIRUS



## INGANQANDWA KANJANI?

Kunezinyathelo ongazithatha ukuze uvikele igciwane, futhi unqande ukusabalala kwalo.



**Okwamanje awukho umuthi wokulivikela noma wokulelapha leli gciwane. Imithi evamile ingelapha izimpawu zalo, okusiza labo abathelekile ngenkathi amasosha abo omzimba elwa negciwane.**

**Indlela engcono kakhulu yokugwema ukugula kwasekuqaleni nje:**

- Ukugeza izandla zakho
- Wazi isimo sakho segciwane leSandulela-Ngculazi, ukuphuza imithi yakho yegciwane leSandulela-Ngculazi neyeSifo Sofuba
- Ukuthola umjovo womkhuhlane

**Ukugqoka imaski elahlwayo uma ugula une-coronavirus noma uma unakekela umuntu ogulayo.**