

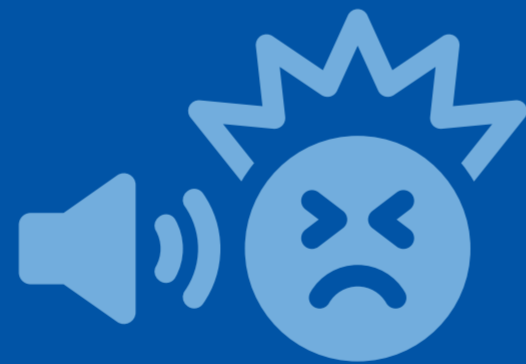
# Kutheni kubalulekile ukukhusela ukuva kwakho

Ukuva kakuhle  
kudityaniswa  
nempilontle kunye  
nomgangatho  
wakho wobomi.

Xa ungeva kakuhle,  
kungachaphazela iinkalo ezininzi  
zobomi bakho - ngoku naxa umdala.



Kubalulekile  
ukukhathalela  
ukuva kwakho:



Usemngciphekweni  
ophezulu xa  
ungenakuyiva  
imiqondiso  
okanye imiyalelo  
yokulumkisa



Kukho ubungqina  
bokuba ingxolo  
yonyusa  
uxinezelelo,  
uxinezelelo lwegazi  
nezinga lokubetha  
kwentliziyo



Ukuva okunomonakalo  
kunokuphembelela  
unxulumano lwakho  
nosapho nabahlobo xa  
ungabeva kwiingxoxo  
okanye emnxebeni

Ukuba sesichengeni kwakho kwingxolo enkulu  
kunokubangela umonakalo wexesha elide ekuveni kwakho.