



**Ukubhema kubangela
ngokuqondile cishe
u-90% wezifo zomdlavuza
wamaphaphu.**

**Vimbela izifo ezimandla
njengomdlavuza futhi uyeke
ukubhema kulo nyaka.**



KUMAHHALA

**Kuyeke ngohlelo lwe-
CANSA lwe-eKickButt.
Bhalisa ku-eKickbutt.org.za**

