



MINERALS COUNCIL
SOUTH AFRICA



BOPHELO LE BOIKETLO BA HAO DI **BOHLOKWA**

Tseba boemo ba hao ba
HIV, le boemo ba hao ba
mafu a mang a sa foleng



Haeba o kula, e nwa moriana
oo o o laetsweng ke ngaka



Ikwetlise ho ipoloka o shahlile e
bile o phetse hantle, beha leihlo
boima ba hao ba mmele (BMI)

**Hlokomela bophelo ba hao ba kelello, fumana thuso
haeba o ikutlw a o imetswe kelellong – buisana le
ngaka ya hao, motswalle, baetapele ba bodumedi**

